



INTEGRATIVE MEDICINE '26

Two-Day Immersive Integrative Medicine Biologics Experience

Live Patients | Cadaver Lab | Advanced Clinical Strategy | Business Integration

Select the experiences that best aligns with your clinical needs.

Saturday, June 27, 2026

7:45-8:15	Arrival - Welcome & Coffee
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Ultrasound & Image-Guided Precision Intensive

8:15-9:15	Why use Image Guidance & Ultrasound Fundamentals	Ariana DeMers, DO
9:15-12:00	Image Acquisition on Live Models Rotation through Knee, Shoulder, Elbow, Ankle Intro to Needle Visualization with Bone Block	Ariana DeMers, DO Terry Manning, ND Kelly Romero, ND Brittany Krake, ND Ryan Minarik, ND Matthew Hernandez, ND
12:00-1:00	Faculty Roundtable: Clinical Case Consult Lunch Small Group Discussions Seating per faculty table is limited	Terry Manning, ND Kelly Romero, ND Brittany Krake, ND Ryan Minarik, ND Matthew Hernandez, ND

Integrative Medicine Clinical Intensive

1:10-1:15	Opening Remarks	Terry Manning, ND
1:15-1:23	From Whole Blood to Healing: Understanding Platelet Biology	Loren Deren, MS, CTBS
1:23-1:33	Not All PRP is Created Equal: Why Platelet Dose & Composition Matter	Ryan Minarik, ND
1:33-1:43	Q&A Discussion	Loren Deren, MS, CTBS Ryan Minarik, ND
1:43-1:51	Regulatory Foundations: Autologous vs. Allogenic Therapies	Matthew Hernandez, ND
1:51-1:59	Patient Selection in PRP Therapy: Setting the Foundation for Success	Kelly Romero, ND
1:59-2:09	Q&A Discussion	Matthew Hernandez, ND Kelly Romero, ND
2:09-2:19	Break	
2:19-2:29	Harnessing the Power of Biologics with Plasma Concentration: The Next Generation of Biologics	Ryan Dregalla, PhD

*This agenda is subject to change.

2:29-2:39	Advancing Integrative Medicine with Protein Concentrate Applications	Matthew Hernandez, ND
2:39-2:49	Q&A Discussion	Ryan Dregalla, PhD Matthew Hernandez, ND
2:49-3:01	From Tendinopathy to Healing: How to Use PRP for Soft Tissue Success	Ariana DeMers, DO
3:01-3:11	Beyond Symptom Management: Using Orthobiologics to Change the Trajectory of Osteoarthritis	Ryan Minarik, ND
3:11-3:21	Microfragmented Adipose Tissue: Expanding the Landscape of Integrative Healing	Terry Manning, ND
3:21-3:31	Q&A Discussion	Ariana DeMers, DO Ryan Minarik, ND Terry Manning, ND
3:31-3:41	Break	
3:41-3:49	Integrative Regeneration Combining PRP with Hormonal and Peptide Support	Brittany Krake, ND
3:49-3:57	Beyond the Injection: Pre- and Post- Care with Lifestyle Optimization	Kelly Romero, ND
3:57-4:07	Q&A Discussion	Brittany Krake, ND Kelly Romero, ND
4:07-4:52	Positioning Orthobiologics in Integrative Practice: Patient Trust, Systems, and Growth	Ariana DeMers, DO
4:52-5:00	Q&A Discussion	Ariana DeMers, DO

Choose the format that serves your clinical needs in that moment. Join a [Faculty AMA Table](#).

1:30-2:00	Ask Me Anything: Expert Access	Brittany Krake, ND
2:00-2:30	<p>These interactive sessions allow you to:</p> <ul style="list-style-type: none"> Workshop complex cases Discuss patient candidacy nuances Review failed outcomes Refine injection strategy Ask unfiltered clinical questions <p>Small groups. Direct access. No podium barrier.</p>	Ryan Minarik, ND
2:30-3:00		Kelly Romero, ND
3:00-3:30		Matthew Hernandez, ND
3:30-4:00		Terry Manning, ND
5:00-5:05		Closing Remarks
5:05-6:05	The RISE Exchange An immersive faculty networking reception designed to foster collaboration, mentorship, and continued clinical dialogue.	All

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Sunday, June 28, 2026

8:00-8:30	Arrival - Welcome & Coffee	
8:30-12:30	<p>Procedural Mastery Intensive: Small-Group Cadaver & Processing Lab</p> <p>Rotating small-group stations designed for repetition, precision, and direct faculty access.</p> <p>Cadaveric Needlecraft: Knee, Hip, Shoulder, Elbow</p> <p>Cadaveric Lipoaspiration</p> <p>PRP & PC XCELL Processing</p> <p>MFAT Processing</p> <p>Hematology Analysis Interpretation</p> <p>Shockwave Demonstration <i>SoftWave</i></p> <p>MLS Robotic Laser Therapy Demonstration <i>CE Laser</i></p>	<p>Ariana DeMers, DO</p> <p>Terry Manning, ND</p> <p>Kelly Romero, ND</p> <p>Brittany Krake, ND</p> <p>Ryan Minarik, ND</p> <p>Matthew Hernandez, ND</p>
12:30-1:30	Faculty Lunch & Open Dialogue	All
1:30-4:30	<p>Live Patient Demonstrations</p> <p>Watch & learn how real patients are consulted, and treated with Orthobiologics. Treatment rooms with viewing space are on-site.</p> <p><i>Patient procedures TBD.</i></p>	Ariana DeMers, DO

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