



Two-Day Immersive Foot & Ankle Orthobiologics Experience

Live Patients | Cadaver Lab | Advanced Clinical Strategy | Business Integration

Select the experiences that best align with your clinical needs.

Saturday, November 14, 2026

7:45-8:15	Arrival, Welcome & Coffee
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Ultrasound & Image-Guided Precision Intensive

8:15-12:00	Foot & Ankle Ultrasound Intensive: Anatomy to Image Acquisition A whole-group, hands-on ultrasound experience led by Colin Rigney, PT, DPT, OCS, RMSK. Each anatomical region begins with a focused "chalk talk" reviewing pertinent anatomy, landmarks, and probe views, followed immediately by live-model scanning. Attendees progress through the curriculum together to reinforce a consistent approach to image acquisition and anatomical recognition. Regional Focus - Lateral Ankle & Hindfoot - Achilles & Peroneal Tendons - Plantar Heel & Medial Ankle / Posterior Tibial Tendon - Forefoot & 1st MTP	Faculty
12:00-1:00	Faculty Roundtable: Clinical Case Consult Lunch Small-Group Discussions Seating is limited at each faculty table	Jason Piraino, DPM Alan MacGill, DPM Roberto Brandão, DPM Jodi Schoenhaus, DPM Jamie Cottom, DPM

From Biologic Science to Foot & Ankle Application

1:05-1:10	Opening Remarks	Jason Piraino, DPM
1:10-1:20	From Whole Blood to Healing: Understanding Platelet Biology <i>Platelet biology, dose, composition, and variables that influence the biologic being delivered.</i>	Loren Deren, MS, CTBS
1:20-1:32	PRP in Foot & Ankle: Matching Biologic Composition to Pathology <i>How tissue type, pathology, leukocyte composition, platelet dose, and treatment goals influence biologic selection.</i>	Jason Piraino, DPM
1:32-1:44	Beyond PRP: Understanding Protein Concentrate & Clinical Applications <i>Composition, mechanism, clinical rationale, and where protein concentrate may fit within a Foot & Ankle treatment strategy.</i>	Ariana DeMers, DO

*This agenda is subject to change.

1:44-1:52	Section Discussion & Audience Q&A	Loren Deren, MS, CTBS Jason Piraino, DPM Ariana DeMers, DO
1:52-2:04	PRP and Protein Concentrate for Ankle & Hindfoot Arthritis: Patient Selection and Treatment Strategy <i>Identifying the pain generator, assessing disease severity, and positioning biologic intervention relative to traditional treatment and surgery.</i>	Jason Piraino, DPM
2:04-2:16	The 1st MTP Joint: Where Does PRP Fit? <i>Patient selection and treatment considerations for hallux limitus/rigidus, post-traumatic pathology, and early degenerative disease.</i>	Alan MacGill, DPM
2:16-2:28	Osteochondral Lesions of the Talus: PRP, Bone Marrow Concentrate or Surgical Augmentation <i>Decision-making for focal cartilage and subchondral pathology, including standalone treatment versus surgical adjunct.</i>	Roberto Brandão, DPM
2:28-2:36	Section Discussion & Audience Q&A	Jason Piraino, DPM Alan MacGill, DPM Roberto Brandão, DPM
2:36-2:46	BREAK	
2:46-2:58	PRP for Foot & Ankle Tendon Pathology: Appropriate Candidates and Clinical Limitations <i>Using pathology, imaging, and mechanical considerations to evaluate Achilles, peroneal, and posterior tibial tendon disease and distinguish candidates for regenerative intervention from those requiring surgical treatment.</i>	Jodi Schoenhaus, DPM
2:58-3:10	Beyond the Injection: The BLOST Protocol for In-Office PRP <i>A multimodal approach integrating biology, MLS laser therapy, offloading, and stretching, with clinical applications for plantar fasciopathy, Achilles tendinopathy, chronic ankle instability, tendon pathology, and early arthritis.</i>	Jamie Cottom, DPM
3:10-3:22	PRP for Ankle Ligament and Plantar Plate Pathology <i>Evaluating chronic ligament injury, mechanical instability, plantar plate pathology, and the role of regenerative treatment within the care continuum.</i>	Jodi Schoenhaus, DPM
3:22-3:30	Section Discussion & Audience Q&A	Jodi Schoenhaus, DPM Jamie Cottom, DPM
3:30-3:40	BREAK	
3:40-3:52	Bone Marrow Concentrate in Foot & Ankle Surgery: Harvesting, Processing, and Clinical Application <i>Practical considerations for aspiration, point-of-care processing, product characterization, and the integration of BMC into appropriate Foot & Ankle surgical procedures.</i>	Roberto Brandão, DPM

3:52-4:04	Autologous Biologic Augmentation for Fusion, Nonunion, and Difficult Healing <i>Osteochondral procedures, arthrodesis, revision fusion, nonunion, and patients at increased risk for impaired healing.</i>	Alan MacGill, DPM
4:04-4:19	Beyond Traditional Applications: Special Uses of PRP in Foot & Ankle <i>A case-based look at clinical experience exploring PRP in complex and less conventional Foot & Ankle presentations, including gangrene, frostbite, and neuropathy.</i>	Jason Piraino, DPM
4:19-4:27	Section Discussion & Audience Q&A	Roberto Brandão, DPM Alan MacGill, DPM Jason Piraino, DPM
4:27-4:57	Patient Optimization Through Functional Medicine: Improving Regenerative Outcomes <i>Exploring how functional medicine principles, whole-patient health, and underlying factors influencing healing can support regenerative treatment</i>	Robert Kornfeld, DPM
4:57-5:00	Closing Remarks	Jason Piraino, DPM
5:00-6:00	The RISE Exchange <i>An immersive faculty networking reception designed to foster collaboration, mentorship, and continued clinical dialogue.</i>	All

Sunday, November 15, 2026

8:00-8:30	Arrival, Welcome & Coffee	
8:30-12:30	Procedural Mastery Intensive: Small-Group Cadaver & Processing Lab Rotating small-group stations designed for repetition, precision, and direct faculty access. Cadaveric Needlecraft: Lateral Ankle & Hindfoot Joint Achilles & Peroneal Tendons Plantar Heel & Medial Ankle / Posterior Tibial Tendon Forefoot / 1st MTP PRP & PC XCELL Processing Hematology Analysis & Interpretation Shockwave Demonstration: <i>SoftWave</i> MLS Robotic Laser Therapy Demonstration: <i>CE Laser</i>	Ariana DeMers, DO Jason Piraino, DPM Alan MacGill, DPM Roberto Brandão, DPM Jamie Cottom, DPM Jodi Schoenhaus, DPM
12:30-1:30	Faculty Lunch & Open Dialogue	All
1:30-2:30	Building a Sustainable Orthobiologics Program: From Clinical Strategy to Practice Integration <i>Practical strategies for integrating autologous biologics into Foot & Ankle practice, including patient education, clinical workflows, team alignment, financial sustainability, and growth within private practices and orthopedic groups.</i>	Ariana DeMers, DO
2:30-4:30	Live Patient Demonstrations Observe how real patients are evaluated and treated with Orthobiologics. Treatment rooms with viewing space are on-site. <i>Patient procedures TBD.</i>	Ariana DeMers, DO

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